

CRISIS CENTER & THE COMMUNITY:

The Crisis Center provides outreach and education to the community and relies on community partners, volunteers, and donors to support this important prevention-focused work.



Education, Outreach & Prevention:

Outreach programs include expert testimony, case consultation, technical trainings and educational workshops. Specific to youth and prevention, we partner with Douglas County schools for "The Outrage", a dramatic, theatrical presentation performed by teens-for teens, which exposes the threats and realities of teen dating violence and sexual assault.

Get Involved!

You Can Make A Difference!

- **Financial contributions** can be made securely and easily online at coloradogives.org/crisiscenter.
- **Volunteer opportunities** are available for both long-term support and day-of service projects.
- **Donation drives** for daily essentials, paper goods, grocery and gas cards are always welcome!
- **Corporate partnership opportunities** are available at various levels with a variety of benefits.
- **Collaborative events** can be hosted in partnership with the Crisis Center or individually.
- Shop **Amazon Smile**, choose the Crisis Center, and a portion of your purchase will benefit us.

CRISIS CENTER CLIENT TESTIMONIALS:

"No one really talks about or acknowledges domestic violence in upper socio-economic demographics, but the impact is just as real and, in some ways, even harder to overcome. The Crisis Center helped me tremendously, but more importantly my son has improved as a result of the resources at the Crisis Center. It is one of the few places my challenges have been understood and supported because domestic violence usually only ends once someone dies."

"The Crisis Center has been my safe haven. I feel valued, understood, feel compassion and nothing but support here at a time I was not getting it anywhere. It is helping me tremendously."



"I was so afraid and alone. My past had a lot of childhood abuse and my mom was abused. I continued the cycle. The Crisis Center saved my life. I don't have words to express how valuable of an agency this is. It has helped me find freedom, safety and peace for me and my daughters!"

"I thought the Crisis Center would only help my son with his trauma from domestic violence. I was so happy that I was also offered therapy as a single dad!"



Crisis Center

P.O. Box 631302 · Littleton, CO 80163

Admin: 303-688-1094 · Fax: 303-688-8889

24-Hour Crisis Line: 303-688-8484

thecrisiscenter.org · info@thecrisiscenter.org

facebook.com/crisisctr · twitter.com/crisiscenterorg

coloradogives.org/crisiscenter



COLORADOGIVES.ORG
A program of Community First Foundation



Crisis Center

The Crisis Center exists to end domestic violence through advocacy, education, and prevention; while helping communities live free of violence.

24-Hour Crisis Line: 303-688-8484

CRISIS CENTER PROGRAMS & SERVICES:

The Crisis Center provides direct service programs to adults and children impacted by domestic violence. All services offered by the Crisis Center are evidence-based, free to clients, and meet best practices of trauma informed care.

Emergency Shelter:

Our seven-bed emergency shelter provides safety for those in imminent danger. We provide daily essentials, case management, therapy, safety planning, referrals to community resources and other vital resources to help enhance safety and well-being.



Therapy:

Individual and group therapy services are provided for adults and children by Masters-level clinicians. Besides standard talk therapy, the Crisis Center utilizes Eye Movement Desensitization and

Reprocessing (EMDR), Animal Assisted Therapy, and Play Therapy to help clients gain an understanding of how the violence has impacted them, heal from their trauma.



Legal Advocacy:

Legal Advocates provide information and assistance about legal options including protection orders, child custody issues, and legal separation, and support clients through the civil and criminal processes.

Community-Based Advocacy:

The Community Advocacy Program (CAP) is an evidenced based advocacy intervention that helps victims protect themselves and their children from further violence by utilizing the community resources that a victim reports needing.

WHAT IS DOMESTIC VIOLENCE?

Domestic violence is a pattern of behavior used to establish power and control over another person through fear and intimidation, often including the threat or use of violence. Domestic violence happens when one person believes they are entitled to control another. Assault, battering and domestic violence are crimes. Domestic violence can be physical, emotional, sexual or financial.



WHEN TO SEEK HELP:

Ask yourself these questions:

- Are you afraid of your partner?
- Has your partner ever threatened to hurt you or someone you care about?
- Has your partner ever tried to control most of your daily activities, been constantly jealous or ever followed or spied on you?

**Crisis Center's 24-Hour Crisis Line:
303-688-8484**

The 24-hour crisis line is responded to by trained advocates who offer crisis intervention, advocacy, information and referrals. If you or a loved one need help, don't hesitate to call, anytime day or night.

KNOW THE FACTS:

Domestic violence not only affects victims, but neighbors, co-workers, relatives and friends. It crosses all ages, genders, ethnic groups and socio-economic levels. The incidence and consequences of domestic violence knows no boundaries.



(Source: National Coalition Against Domestic Violence: NCADV.org.)