

TEEN BILL OF RIGHTS

I HAVE THE RIGHT TO...

- be treated with respect
- trust my instincts
- say "no" and be heard
- have my privacy respected
- accept a gift without having to give anything in return
- have someone point out my strengths and assets
- ask for help if I need it
- have loved ones support me
- have private time and my own space
- have others listen to what I have to say- even if they don't agree
- live a violence-free life
- be good to myself

I HAVE THE RESPONSIBILITY TO...

- communicate my thoughts, ideas and feelings clearly
- stick to my limits and boundaries
- listen to what others have to say and have the right to reject their ideas, but not the person
- treat others as my equal

I HAVE THE RIGHT TO BE HAPPY

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