

Don't Delay – Find a Way to Help Today!

As a volunteer or financial contributor, you are our most valuable resource. Find a way to make a difference in the lives of families who are affected by domestic violence.

- ☐ Service Projects
- ☐ Your Gift of Time
- ☐ Tax Deductible Contributions
- ☐ Wish List Donations
- ☐ Cell Phone and Food Drives

Name _____

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Please accept my donation of \$ _____

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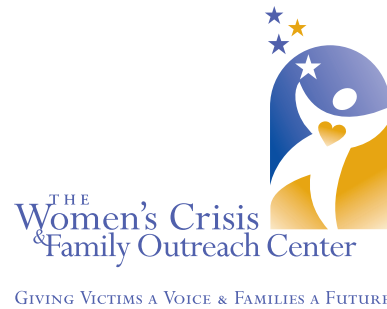
Signature _____

Please make your tax-deductible
contribution payable to:

WCFOC, P.O. Box 367,
Castle Rock, CO 80104
OR

Call us at 303-688-1094

For more information, please visit our
web site at **www.twcfoc.org**



Violence Prevention
Through Education,
Encouragement
and Empowerment



Our Vision

It is the ultimate vision of the Women's Crisis & Family Outreach Center to assist in ending violence in the lives of all people.

Our Mission

The Women's Crisis & Family Outreach Center (WCFOC) is dedicated to reducing domestic violence and family conflict through advocacy, empowerment, violence prevention and intervention, services and education.

Our Values

The Women's Crisis & Family Outreach Center (WCFOC) values the individual diversity of all employees, volunteers, clients, and supporters of our violence prevention programs. Differences and distinguishing factors provide experiences, viewpoints, and ideas that can strengthen and enrich our work. Our goal is to create an evolving environment that is inclusive, respectful, and equitable, and to welcome and be accessible to all populations of clients in order to accomplish the mission of the WCFOC.

The Women's Crisis & Family Outreach Center is a 501(c)3 corporation, in good standing with the State of Colorado, and governed by a dedicated, volunteer Board of Directors.



Startling Statistics

In this region of Colorado, domestic violence is the **number one violent crime**, second only to traffic violations. In the last decade, over 80% of **all homicides** have been factually based in domestic violence.

- ☐ In the U.S., a woman is beaten by her partner every 12 seconds. Domestic violence is the leading cause of injury to women, more than mugging, stranger rape and car accidents combined.
- ☐ 95% of men who physically abuse their intimate partners also psychologically abuse them.
- ☐ Based on 2003 dollars, the cost of intimate partner violence annually exceeds \$5.8 billion.
- ☐ Every year, an estimated 2.1 million older Americans are victims of physical, psychological, and other forms of abuse and neglect. In 90% of these cases, perpetrators are family members.
- ☐ 57% of women who are physically abused never tell anyone. 50% of all homeless women are fleeing domestic violence.
- ☐ 71% of pet owners entering a domestic violence shelter report that their batterer threatened, injured, or killed their family pet.

What is Domestic Violence?

Domestic violence is a pattern of behavior used to establish power and control over another person through fear and intimidation, often including the threat or use of violence. Domestic violence happens when one person believes they are entitled to control another. Assault, battering, and domestic violence are crimes.

Physical Abuse: The abuser's physical attacks or aggressive behavior can range from bruising to murder. It begins with what is excused as trivial contacts, and often escalates into more frequent and serious attacks.

Sexual Abuse: Physical violence is often accompanied by, or culminates in, sexual abuse, wherein the victim is forced to have sexual intercourse with the abuser or take part in unwanted sexual activity. Sexual abuse ranges from being called sexual names to rape.

Psychological Abuse: Domestic violence can include verbal abuse, harassment, excessive possessiveness, isolating the victim from friends and family, withholding money and deprivation of other economic resources, destruction of personal property, harm to family pets, and other forms of psychological abuse.

Domestic violence affects not just victims, but neighbors, co-workers, relatives, and friends. It crosses all ages and both genders, all ethnic groups, and all socio-economic levels. The incidence and consequences of domestic violence know no boundaries.

What about the Children?

Domestic violence has serious and recognizable effects on children. Children may blame themselves and exhibit or display physical symptoms of emotional trauma.

- ❑ The United Way ranks domestic violence as the leading cause of birth defects.
- ❑ Up to 70% of women who are abused before pregnancy continue to be abused throughout their pregnancy.
- ❑ Studies have found that child abuse occurs in up to 70% of families that experience domestic violence. Children who witness domestic violence are more likely to exhibit behavioral and physical health problems, including depression, anxiety, symptoms of post-traumatic stress disorder, and violence towards peers.
- ❑ Witnessing violence between one's parents or caretakers is the strongest risk factor of transmitting violence behavior from one generation to the next.
- ❑ Research shows that 95% of boys and 72% of girls witnessing domestic violence will carry abuse into their adult relationships, as either the victim or the perpetrator.
- ❑ Criminals and troubled youth have high rates of animal cruelty during their childhood, perpetrators often were victims of child abuse themselves.

Programs & Services

24-Hour Crisis Line

Staffed by trained professionals, the Crisis Line is available to provide immediate intervention, information, and referrals for victims of domestic violence. The WCFOC assists thousands of callers each year.

Around-the-clock Emergency Shelter

This emergency facility provides a safe haven for women and their children who are escaping the atrocities of domestic violence. During their stay, all daily essentials are provided, plus on-site therapy, safety planning and goal setting, and 24-hour emotional support.

Therapy

Professional mental health therapists provide guidance for victims of domestic violence. Special programs exist for children who have experienced, either directly or indirectly, violence in their lives. Individual therapy and group counseling are available to both residential and non-residential clients.

Legal Advocacy

Legal Advocates provide support to victims of domestic violence during the often complex and confusing legal process. This program includes assistance with restraining orders, legal referrals, court accompaniment, and general support navigating the criminal and civil justice systems.

Community Outreach

An extensive and innovative, school-based violence prevention initiative is provided for at-risk students. Technical trainings, parenting classes, and educational programs increase awareness in the community about this important social issue.



Education

Dedicated to violence prevention through education and intervention, the WCFOC has served the communities in and around Douglas County for over 20 years.



Encouragement

Offering an environment of complete confidentiality, a team of therapists, advocates, and professionals are on-call and available 24 hours a day via the WCFOC's Crisis Line and Emergency Shelter.



Empowerment

Providing the tools to transform lives, the WCFOC extends excellent opportunities to promote personal growth and self-reliance as well as giving families multiple solutions, comprehensive support, and appropriate resources.

Domestic violence prevention is a shared community responsibility

Crisis Line: 303-688-8484
www.thewomenscrisiscenter.org

